

TLC Nursery @ Nishmas
NEWSLETTER – 11th May 2018
Behar - Bechukosai / בְּהַר - בְּחֻקֹּסַי

**"LEARNING IS A CHILD'S JOURNEY. LET THEM NAVIGATE. PUSH THEM TO EXPLORE.
WATCH THEM DISCOVER, AND ALWAYS ENCOURAGE THEIR QUESTIONS"**

Dear Parents and Grandparents, We hope you all had a lovely week!

Hope you all had a lovely long weekend and made the most of the beautiful weather!

In this week's double Parsha of Behar-Bechukosai, we read about Shemittah, the Shabbos that we have for the land in the seventh year. Just as we need rest, so does the land in order that Eretz Yisroel can continue growing yummy fruit and vegetables! So, in the seventh year we stop picking fruits and pulling up vegetables for a whole year! Hashem also promises to give rain to the land at the right time because too much rain or too little rain can make fruits and vegetables not grow properly. Hashem also promises that the rain will keep B'nei Yisroel healthy and the animals too! Hashem gave us the earth and we all must look after it!

*Throw our rubbish in the bin, in the bin,
Making sure that it goes in, it goes in,
Or the paper, food and all the dirty waste
Will make the Earth a messy place!*

To the tune of 'Head, Shoulders, Knees and Toes

Tuesday: First let's start with listening to the children who are so eager to share their stories with us and their little friends...

- "I go to the bus. I go to the park with mummy. I go to the party. A different party. I had grapes, special grapes and oranges in the party" - Ariella
- "I stayed at home all day because it was raining. I didn't go the park because things are wet. Yakira, my sister was home. I played my favourite toy. I eat a shabbos treat, it was chocolate. I played with my fireman helmet. I rescue people because I'm a fireman. My mummy went to Kosher Kingdom to buy tomatoes, cumcumber and fruit, that's all. I went in my gargen and I went in a paddling pool. I splashed and I went in my house. It was sunny and the sun was moving" - Benji
- "I went with my mummy. My daddy. I went with fireman. I went on shabbos with daddy. I went outside with my sister" - Linor
- "I go to the zoo with Racheli and Yoav. A giraffe very big. I see lion. On shabbos in home. I have new shoes. They sparkling, it's purple. I buy in the shop with Racheli. I had orange" - Amira

- "I laid the table with my daddy and when it's shabbos I go to the shul. When it's Monday I go to the zoo. I don't have tights today. I had shabbos cereal and Rice Krispies. I go out with daddy, just daddy to the shul and children service. People in it. Children in it, babies too" - Yakira
- "I went to the park and there was swimming pool and I went in it. Then I walked all the way and there was another pool and I went in the pool with daddy. I wore a t-shirt and then it was wet because I went in the swimming pool. I wear pink costume. I went in the pool and I went back home. Then I had a bath, they I put my pyjamas and then supper. I had soup and 2 slices of melon. Then I went to sleep. I had grape juice before challah on Friday" - Talya
- "I went to the park, I went on the swing. I went with mummy. I had challah. We haven't had Rosh Hashana yet. Somebody has a blue Paddington and there was a hole" - Rosie
- "I buy shopping. In the shopping I buy salad. My mummy buy saldad with me. I buy carrots. I eat carrots. I only eat the challah. I made biscuits with my mummy. I make a moon and a star, grey colour. My birthday in 5 week's time. My cake is of Fireman Sam. When I finish school I get a surprise" - Samuel
- "I have soup. Mummy makes food to us make breakfast. I drink orange juice in my house" - Joel
- "I went to the park and I played on the slide. I go down the slide and said weeeeeee. I go round and round in the park. I go to big school, Daniel go to big school" - Rafi
- "My dadda, my mama, Dada's car" - Danny
- "Me walk with my mummy. My mummy go to Tesco" - Emy
- "Daddy take me outside. Daddy took me to a cafe. I saw dinosaurs in the cafe. I eat pretzels in the cafe and I drink water. Daddy scared the dinosaur" - Raphy

THANK YOU FOR SHARING CHILDREN!

Today we had a healthy start to the week! To coincide with Eretz Yisroel growing yummy fruits and vegetables, the children made fruit and veg kebabs. We had a 'fruit' table and a 'vegetable' table. We wrote this on card for the children to recognise how the words are written and went through the phonic



sounds. Then we showed the children the cards and asked them "What's written on this one?" WELL DONE TALYA FOR RECOGNISING 'VEGETABLES' THROUGH SAYING "I see 'V' so that one is vegetables! SUPER SWEETIE! Then Samuel shouted out "'V' for Vegetables!" and then Benji said "Vegetables is longer than fruit so that one (fruit) says fruit and the first one (letter) is 'Ffff!'" **FABULOUS RECOGNITION CHILDREN! WE ARE SO PROUD OF YOU! YOU ARE LEARNING SO QUICKLY!**

We then gave the children the choice of making either fruit or vegetable kebabs, then they made their way

to the appropriate table and away they went making their healthy kebabs sliding their choice of fruit or veg onto sticks. For fruit the children had apples, tangerines and kiwi and for vegetables, tomatoes (although



tomato we know is a fruit, we explained to the children it is eaten mainly with other vegetables), red pepper and cucumber! WHAT A HEALTHY TREAT CHILDREN! YUM!



We have started to learn the colours in Hebrew!

We have started with the colour RED! Since we are learning in the Sedra of the Week about the Shemithah Year, we have coloured all the fruit and vegetables that are red such as apple, tomato, watermelon, strawberries and cherries. The children now know that ADOM means RED! They picked the colour ADOM out of the rest of the colours to do colouring! **WELL DONE CHILDREN! YOU'RE LEARNING HEBREW!**

Wednesday: Show & Tell HIP HIP HOORAY!.....First up was Linor with a Princess bag "Princesses. I have stuff inside, and these are the princesses. She has a pink dress and she has a blue. My favourite is pink. I like her hair. I use it at the shops. I help mummy carry my stuff" SUPER SWEETIE! Next up was Rafi with a Fireman Sam figurine" Arnold, he goes to the fire station. He gets in the fire engine and puts nee-nor on. He goes to the fire and puts water on it. He has a bag...big hose and puts the fire out. He has a yellow hat like me, I'm a fireman too. He stands like this (crosses his arms) and waits for the fire" AMAZING SWEETIE! Then we had Emy show off her Tangled doll "She's a princess, she has hair. She's pink and purple, her hair's white.



She's my favourite colour. Mummy put her in my bag. She sleeps in my bag. Me and mummy play with her hair in my house. Jack Jack call her Little Mermaid, but she's Emy" FANTASTIC SWEETIE! Then Joel had a 'Goodnight Israel' book "It's a book, my daddy reads it to me. It's about Israel. That is a balloon, it's red. They sell it. Birdie. Ooooh what's that? I want to go in this (points at cable car ride). Water comes down on their head, I want to go under the water like this boy" GREAT SWEETIE! Next up was Carmel with her teddy monkey "It's Muriel, my teddy bear. She's a monkey. Mummy and daddy want my monkey. Mummy, daddy got her for me. She jumps with me in my bed at home. I cuddle her like this. She's brown. She has a long tail here" SUPER DOOPER SWEETIE! Then up came Asher with his plush green duck "Duck, green, orange and black. It's a girl, her name is Quack Quack. She swims with me in my bath. She likes water too.



She lives in my house. She stays in my cot with me at night" WELL DONE SWEETIE! Then Judah came up with his gardening gloves "Gloves, I use them in the garden to help mummy. I put my gloves on (demonstrated) green and yellow. Mummy got them for me, she can use them and Asher. I got them at home" FANTASTIC SWEETIE! Next we had Olivia R with a soft ball "Red ball. I play with Maya at home. It's nobody's" WELL DONE SWEETIE! Next we had cool Benji with his baseball cap "It's my cap. It's navy blue. I bought it in my house. It's my favourite cap. When the day is hot I use my cap" WELL DONE SWEETIE! Next we had Ariella with an interactive laptop "A laptop. I play with it at home. It's pink. I play with Hannah. I put it on music in the laptop. Red and purple doggies. Green and white numbers" FANTASTIC SWEETIE! Then up came Natan with a monkey plush "A toy from my mummy. The name is monkey. It's purple. I play to my bed in my house. My brother gave the monkey. It's from my house. It has ears and hands. Monkey black eyes" WELL DONE SWEETIE! Next we had Yakira show off her drumming Hello Kitty "It's Hello Kitty.



She's just a cat. It bangs on her drums. She does it louder. I can still wind it up. It's pink and white, yellow and black. I like it because I play with it at home. I play it with grandmother and grandpa. I didn't do something else. She hasn't got a mouth, she has a bow purple" WELL DONE KIKI! Then we had Amira show off a cute turtle "A turtle green. I play at home with the turtle. It moves like this. It has a mouth, a tummy, a little tail, eyes. I don't know why he doesn't have ears. I play with turtle and Yakira on the carpet" SUPER

SWEETIE! Next up was Samuel with 2 books "I have 2 books. A cow, a pig, horse, chicken. MY mummy reads the book for me and my daddy. It playing with fire. It has flowers. I like my books" WELL DONE SAM SAM! Then Jack had a little dog "A doggy, white and black, woof woof! I play in my house with daddy and me. The name is Dog. It's a sticker on the dog with my name and a cat" WELL DONE JACK JACK! Then Talya had a laptop "It's a laptop. I play with it at home. It turns on and music. It's orange, white, blue, green. It tell me bye because it's going. The orange button is my favourite. It's a block. It has number 1,2,3,4,5,6,7,8,9,10. It has 10 numbers. It's a purple button with an apple. I play with Natan. This is to type



our name" SUPER SWEETIE! Next Layla had a shell "It's a shell. I got it from the beach. I went to the beach when I woke up in the morning. I went with Aunty Rebecca. I took it from the beach with Shua. I put it in a bag, a plastic bag. I didn't go in the water. There were many shells in the bucket. It's white and orange. It's like peanut butter because it has the same colours" WHAT A FANTASTIC LINK! Then we had Jake with a Superman keyring "It's a Spiderman. It's my Spiderman. It's blue and has light. Hair black. I put in my bag. This is to fly over the house. I play with Ariella. It's flying" WELL DONE SWEETIE! We then had Raphy with the 'Smartest Giant in Town' book "It's a blue book. Mummy bought it for me at home. It's black shoes. It's a giraffe. Giraffe is really cold. Green and blue scarf. 4 boats and fire in the house. Fireman Sam because the fire is out. The boy is wearing yellow socks" WELL DONE SWEETIE! Then up came Rosie with her 'Princess and the Pea' book "It's a book. I put stickers in there. It's gold. It's about princesses and the prince. The book has flowers. Grandma reads the book for me" THAT'S LOVELY ROO! Then up came Tal with her interactive steering wheel and she got on the floor and showed her class how she drives! FANTASTIC CONFIDENCE SWEETIE!

THANK YOU CHILDREN FOR BRINGING IN SUCH LOVELY ITEMS AND TALKING ABOUT THEM BEAUTIFULLY TO YOUR CLASS!

Thursday: Today for science, the children made 'Rain in a Jar' as we need rain to keep growing yummy, healthy fruit and vegetables. HOW DOES IT RAIN? Explanations sometimes don't do the trick so we set up



a simple science experiment to demonstrate rain. An adult added hot water into a jar (this experiment was conducted safely!) Then a paper was placed on top of the jar and we let it sit for a few minutes. We then got ice and added this to the top of the paper plate. We gave the opportunity for the children to feel the freezing ice to sense how cold it is BEFORE it was placed on top of the plate. To observe the droplets better into the jar we then added blue food colouring to the ice! Then the children observed. How does this answer the important question, how does it rain? Explaining it in a simple language, we told the



children that the air inside the jar is warm because of the hot water and the plate keeps the warm air inside. Once the ice is added (the children understood that ice is cold) the cold temperature caused the warm temperature to reduce which made the droplets drop into the jar. This is the same thing that happens high in the sky and then falls to the Earth as rain! We then investigated a little further and added shaving foam to the jar which represented a rain cloud! We then added the blue food colouring and the children then observed how rain drops from the clouds! **GREAT CONCENTRATION CHILDREN!**



Friday: Shabbos Mummy & Daddy today are: Emy & Benji



Book of the Week: A New House for Mouse

Please note, there will be no Show & Tell next week

Wishing you all a lovely Shabbos and weekend!

The TLC@Nishmas Team

Tracy, Becky, Paulette, Nikki, Megan, Courtney, Kiristina, Galit, Onie, Nasra and Selin

GALLERY EXTRA

