

TLC Nursery @ Nishmas  
NEWSLETTER – 6<sup>th</sup> February 2015  
Parshas Yisro

Parshas Beshalach

*"SOMETIMES THE SMALLEST THINGS TAKE UP THE MOST ROOM IN YOUR  
HEART" – Winnie The Pooh*

Dear Mums and Dads

This week's Sedra is Parashas Yisro. In the sedra, Moshe married Tzipporah and her Daddy was called Yisro. That is why the name of the Parasha is Yisro. After the B'nei Yisroel left Egypt, they came to Har Sinai which was a big mountain. Hashem spoke to everyone there in a loud voice with thunder and lightning. It was very exciting to be there! Hashem told them some important things: to listen to your Mummy and Daddy, and to keep Shabbos! These are 2 of the Aseres Hadibros – the 10 commandments.

**Monday:** Today we began with reading 'Little Red Riding Hood'. It is the story of the brave little girl in a red cape trying to rescue her Grandmother from The Big Bad Wolf. We told the story using puppets. Puppets can represent real life and help children explore the world of fantasy. Puppetry develops the children's creative thinking and imagination, develops communication skills, promotes critical listening skills and critical thinking, expands children's attention spans, assist children in acquiring knowledge and offers children opportunities to work cooperatively and to share ideas. Puppets make a strong link to literacy and social skills. Puppets also provide children with an opportunity to improve speech, enunciation and voice projection. We must say that all the children sat beautifully listening and watching and shared their own ideas of what 'might happen' WELL DONE CHILDREN!

**Tuesday:** Today in our French class with Monsieur Leon, the children learnt about 'wind'. All the children had enormous fun pretending to be windmills. Their arms were open wide and they were pivoting around and around on their feet focusing on making wind. A wonderful physical activity which concentrates on their large muscle development, gross motor skills and locomotor skills (moving but remaining on one spot). "BRAVO LES ENFANTS- BON SOUFFLAGE!" (Well done children, good blowing!).

Today it snowed and of course in the playground, the children were so excited about playing in the snow. They all got so excited and showed so much enthusiasm when they saw icicles hanging from the playhouse. We pulled one off and it gave the opportunity to each child to feel it and let them tell us how it feels. "It's freezing and slippery", "It's cold and shiny". Such lovely use of vocabulary and spot on descriptions about an icicle! We then spoke about why and how an icicle is formed. It gave the children first hand contact with the weather and the natural world and freedom to explore and to use their senses.



**Wednesday:** "HAPPY TU'BISHVAT!" Today the children were great little chefs. They all made their own yummy fruit salad. They chopped (chopping develops their fine and gross motor skills), poured and placed (pouring and placing develops gross and fine motor skills as well as good hand eye coordination). We spoke about our favourite fruits and the importance of eating fruits to maintain healthy bodies. We asked the children why they think it's important to eat plenty of fruit and one great answer that we had to share with you was "Fruit helps me make a poo". What a fantastic and spot on answer! We hope all you Mums and Dads enjoyed the fruit salad your children made today. They were so very proud of their little fruit pots and so they should be. CHILDREN, YOU ARE ALL AMAZING!

**Thursday:** Today we gave each child musical instruments to handle. We had triangles, flutes, maracas, xylophones, toy piano and drums. We sang and played to traditional nursery rhymes and gave the opportunity to the children to choose a song they know. They had great fun making lots of noise. We marched to 'The Grande Olde Duke of York', we pretended to fall to 'Humpty Dumpty', we had hugs all round to 'I love you, you love me' and many more. Traditional rhymes and songs provide a rich bank of child-appropriate language. Rhymes and songs also support speaking skills through structured slowed-down language. Music develops good listening skills because listening is at the heart of all musical activity. Through musical activities the children move, interact and develop motor skills, performing actions with increasing precision and control. CHILDREN, WE HAD SO MUCH FUN...YOU ARE ALL SUCH GREAT LITTLE MOVERS!

Friday: Shabbos Mummy and Daddy today will be Odelia and Jake Lewis

Book of the Week: Little Red Riding Hood

Finally, we would like to take this opportunity to tell you about and welcome our new children at TLC this week; Ariella Berchole (known as Ariella B) and the twins – Aliza and Talia Pfeffer. They are settling in so well and the "old" children have made them very welcome indeed. Welcome to TLC!!!

Wishing you all a good Shabbos!

Tracy, Steph, Dana, Becky, Rachel and Nicole

*The TLC Team*